

## Our Spiritual Directors

Margaret Babcock  
Maureen Collins  
Ann Derr  
Kathy Faber-Langendoen  
Chris Goral  
Joseph Jozwiak, FSC  
Pam Kelsey-Gossard  
Jim Krisher  
Bob Langston  
Mark Lawson  
Marise May, OSF  
Gerard McKeon, SJ  
Steve Moore  
Kathleen Osbelt, OSF  
Kathleen Owens  
Kathy Papa  
Lana Riley  
John Rose  
Mary Ellen Schopfer, CSJ  
Lou Sogliuzzo, SJ  
Ginny Smith  
Rose Raymond Wagner, OSF  
Terry Zehr

## Our Hours

The Spiritual Renewal Center is located at 1342 Lancaster Avenue in Syracuse. Stop in and get to know us!

Monday - Wednesday: 9 a.m. - 5 p.m.

Thursday: 9 a.m. - 6 p.m.

Friday: 9 a.m. - 4 p.m.

Closed on Fridays during July and August.

*“in that easy and grace-full hour, you changed for me a negative irritant into a joyful reminder of how secure I am in God’s love.” - A.E.*

The Spiritual Renewal Center is a Christian ministry that provides spiritual direction and renewal opportunities to all members of the community.



Learn more about us at  
[spiritualrenewalcenter.com](http://spiritualrenewalcenter.com)

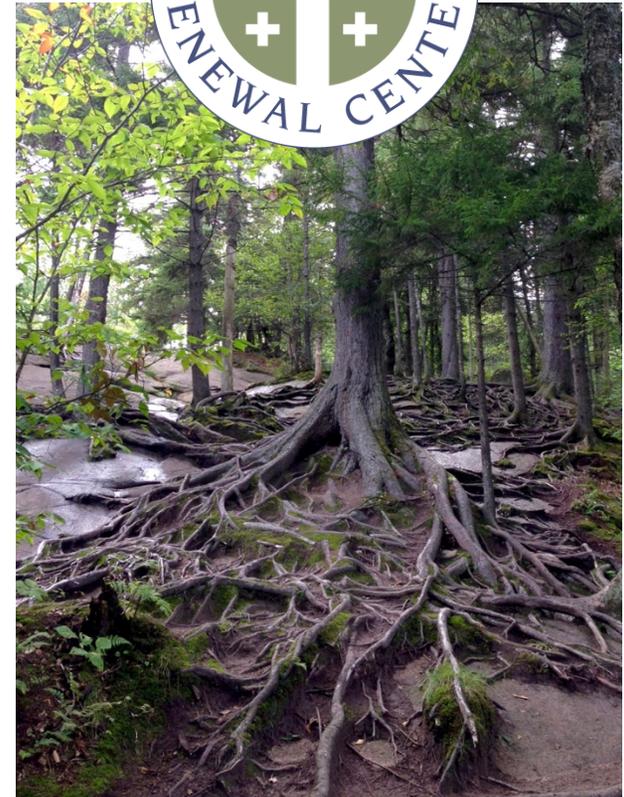
 /spiritualrenewalcenter

 /spiritualsyracuse

1342 Lancaster Avenue  
Syracuse, New York 13210

315-472-6546

[mail@spiritualrenewalcenter.com](mailto:mail@spiritualrenewalcenter.com)



Spiritual Direction  
An introduction

## Share Your Journey

Spiritual direction is an ancient ministry in the church. In spiritual direction, the director helps the directee to become more aware of God and more responsive to God's Presence.

Sharing your unique journey can help deepen your relationship with God and help you find balance in your spiritual life.

Spiritual direction is one of the largest ministries at the Spiritual Renewal Center. We have more than 20 trained spiritual directors from a variety of Christian denominations who share their gifts through the Center.

*"You have given me the means to open further a door I once only dared to crack." - S.M.*

## Grow in God's Love

The Spiritual Renewal Center matches directees with spiritual directors based on their preferences and spiritual background.

You can discuss anything with your spiritual director. All sessions are held in a private, intimate setting. Some topics that might come up are:

- Your prayer life, what prayer means to you and how you relate to God in prayer
- Personal issues such as your relationships with family and friends, or issues related to physical or mental health
- Any major decisions you may be facing

A spiritual director is not a "problem solver," but more of a partner that can help you assess situations and find what might be God's invitation to you at any given moment in your life.

Spiritual directors typically meet with their directees once a month. Sessions are approximately one hour long.

All matters discussed between spiritual directors and their directees are completely confidential.



## Take the First Step

Get connected with a spiritual director and take the first step in a new spiritual journey!

Contact the Spiritual Renewal Center at  
**315-472-6546**  
or **mail@spiritualrenewalcenter.com**

In the spirit of the gospel, the Spiritual Renewal Center offers spiritual direction **free of charge.**

However, as a non-profit ministry, we depend on the offerings of those who benefit from our services.

We ask directees to consider making a \$50 donation per session. Your contributions help us compensate spiritual directors and make this opportunity available to individuals unable to give. We appreciate your support of our ministries.